

DATING SAFE



A Dating Violence Prevention Program (DVPP) for Youth in Vancouver and Surrey, BC

Project Goal

To build skills, knowledge, and prevent problematic behaviours in youth through development of a healthy relationships and dating violence prevention program.

Objectives

- 1** Develop a DVPP in consultation with community partners through a needs assessment and environmental scan.
- 2** Deliver the DVPP to students from grade 8 to 11. Develop and deliver booster modules which will be based on data from initial program evaluation.
- 3** Train teachers and other professionals in how to deliver the DVPP and provide them with the materials and resources to implement the program themselves.

Developed & delivered by:



In collaboration with:



Financial contribution from



Public Health Agency of Canada Agence de la santé publique du Canada

Program Description



CONTENT: (TBD) may include healthy relationship and healthy dating relationship skills, social media and relationships, gender stereotypes, dating violence, consent, assertiveness training, and emotional regulation.



FORMAT: 8-10 week modules delivered in high school as part of physical health and education classes. Booster modules are developed for grade 9, 10, and possibly 11 to reinforce initial learning and address changes as students get older.



AUDIENCE: three cohorts of grade 8 students followed over 3-4 years. Program will be for all genders. Teachers and other school staff will also receive training on how to deliver the program.

Project Timeline

(Based on school years)

- 1 Needs assessment & environmental scan to determine topics that will be in the training.
- 2 Develop program materials based on the topics that were chosen.

YEAR 1
2018-2019

Cohort 1: Deliver 8-10 week program to grade 8 students. Use feedback and results to evaluate and refine program.

YEAR 2
2019-2020

Cohort 1: Develop and implement booster modules (Grade 9 students) based on evaluation data and in consultation with partners.

Cohort 2: Deliver, evaluate, and refine 8-10 week program given to grade 8 students.

YEAR 3
2020-2021

Cohort 1: Develop and implement booster modules (Grade 10 students).

Cohort 2: Implement booster modules (Grade 9 students).

Cohort 3: Deliver, evaluate, and refine 8-10 week program given to grade 8 students.

YEAR 4
2021-2022

Cohort 1: *Possibly* develop and implement booster modules (Grade 11 students).

Cohort 2: Implement booster modules (Grade 10 students).

Cohort 3: Implement booster modules (Grade 9 students).

Cohort 4: Deliver, evaluate, and refine 8-10 week program given to grade 8 students.

YEAR 5
2022-2023

Complete follow up evaluations. **Develop best practices toolkit** for educators as part of a train the trainer program.

Want more information?



Amy Foreman
Dating Safe Coordinator
(604) 894-5797
aforeman@ywcavan.org

Elske Katz
Youth Team Manager
(604) 895-5844
ekatz@ywcavan.org

Follow us on our social media:



Visit our website:

