

HEART TO HEART



School- and community-based, culturally-adapted teen dating violence (TDV) prevention programs for Indigenous youth in Winnipeg

What is Heart to Heart?

Heart to Heart is a five-year community-driven and research-based project that focuses on creating a teen dating violence prevention curriculum and program from an Indigenous-designed lens. There are **four major components** to our project:

1. A culturally adapted curriculum
2. An Indigenous-specific teen dating violence prevention program
3. A youth summit in the final year and a knowledge dissemination process
4. An Indigenized Life Story Board tool

WHO?



- ▶ Indigenous youth aged 12-17. Youth perspective throughout process and project.
- ▶ Project partners: staff of Ma Mawi Wi Chi Itata, staff of Ndinawemaaganag Endaawaad Inc, RESOLVE, the Youth Advisory Council, two community Elders, and two program facilitators.

WHERE?



In the City of Winnipeg. Winnipeg has always been the center of settler-colonialism, and as a result, the Indigenous people living in or near the city experience higher rates of gender-based violence and other forms of colonialism.

WHEN?

October 2018 to
March 2023



WHY?



- ▶ To bring resources to community that allow for Indigenous youth to create, uphold and promote healthy relationships with one another so that they can persevere in society
- ▶ To consider the voices and perspectives of youth, as they have lived-experience regarding the dynamics of teen relationships.



Financial contribution from



Public Health
Agency of Canada

Agence de la santé
publique du Canada

Want More Information?

Melissa Connelly
Project Coordinator
Ndinawemaaganag Endaawaad Inc.
melissa@ndinawe.ca

Kayla Stubbs
Director of Innovation,
Ndinawemaaganag Endaawaad Inc.
kayla@ndinawe.ca

Check out our website:



ndinawe
NDINAWEMAAGANAG
ENDAAWAAD INC.

Follow us on social media:

