

# PROMOTING POSITIVE YOUTH RELATIONSHIPS (+PYRP PROGRAM)



A multi-component program to promote healthy relationships and prevent dating violence among youth

## What is the +PYRP Program?

The *Positive Youth Relationships Program* aims to develop, deliver and evaluate a program targeting youth, peer supporters, school staff and parents in Quebec school system.



## EVALUATION

All of the program components will be evaluated. Among others, the workshops for youth will be evaluated using an experimental group and a control group during three measurement times (pretest, post-test and follow-up).

## WHO?

Youth, peer supporters, school staff, parents and partners of the project will help develop the program.

The evaluation will reach 1125 youth in grades 9 and 10.

Close to 80 school staff members and 50 parents will also be implicated.



## WHERE?

The program will be evaluated in three schools in the Montreal area and two schools in the Saguenay-Lac- Saint-Jean area.



## WHY?

In Quebec, dating violence (DV) among youth affects more than 50% of youth aged 14 to 18.

This program uses a multi-component approach to respond more effectively to the needs of youth. In addition, few initiatives have been evaluated.



## WHEN?

2018 to 2023



## KNOWLEDGE TRANSFER

The project's main knowledge transfer activity will be the launching of a website dedicated to healthy relationships and DV prevention.



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## Want More Information?

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