

RESPECT₂CONNECT (R₂C)







Giving youth tools and techniques to develop and sustain healthy relationships

What is Respect Connect?

R₂C takes a positive, strengths-based and trauma-informed perspective, to help members develop skills that will help them navigate healthy relationships of all kinds. In doing so, the program emphasizes that healthy relationships begin with self-care, while also recognizing that there is a diverse range of perspectives and approaches to relationships. Ultimately, the R₂C program is rooted in the belief that everyone has a basic human right to healthy, positive relationships.

WHO?

Youth in Grades 7 to 9 who are members of a Boys and Girls Club will participate in the program.

These clubs are situated in vulnerable communities, serving youth who face multiple risk factors for teen dating violence perpetration and victimization

WHERE?

Across Canada, BGCC is Canada's largest child-and youth-serving agency. Boys and Girls Clubs are in large cities and small towns, rural areas and Indigenous communities in every province and one territory.

WHEN?

2018 to 2023



WHY?

Boys and Girls Clubs are wellpositioned to have a significant influence on youth because we take a strength-based, traumainformed and holistic approach which focuses on fostering belonging, and safer spaces. BGC across Canada engage youth in programs and services where promoting healthy relationships is a key component and offer supports around overcoming complex and diverse barriers.

The project addresses an important gap in knowledge and evidence about effective community-based teen dating violence prevention programs.

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Public Health

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Want More Information?

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