

YOUNG LEADERS FOR HEALTHY RELATIONSHIPS



Making the case for peer-facilitated teen dating violence prevention programming.

Program Objective

The *Young Leaders of Healthy Relationships* program (Jeunes Leaders des Relations Saines) aims to promote healthy and respectful relationships for young Francophones (grades 9 to 12) living in a minority language environment in four Francophone public schools in British Columbia to reduce violence in interpersonal relationships.

WHAT?

Grade 9 youth: 8-workshop program on healthy relationship development and personal identity development, such as self-esteem, relationships with others, sexual orientation, and gender identity

Grade 10 youth: 10-workshop program that builds on grade 9 content, with a more specific attention on respect, identification of abusive and violent behaviour, and tools to prevent violent situations.

WHO?

The program is intended for grades 9 to 12 youth of all genders in a minority linguistic community within four francophone public schools in British Columbia.

Parents will receive information about the program and be provided resources and tools to support their children. Teaching staff can attend workshops delivered to the youth intended to inform, raise awareness, and provide resources and tools to teachers.

WHEN?

The project will take place between 2019-2023. Yearly regional group meeting around May-June.

WHY?

The program is particularly important since it will be developed where only a few programs and resources on violence prevention are available in the youth's mother tongue. Moreover, thanks to the Young Leaders approach, this program will be developed and managed by the involved youth, allowing them to build a program that is specific to their culture.

Developed and implemented by:



Réseau-Femmes
Colombie-Britannique

In collaboration with:



Fédération des
parents francophones
de Colombie-Britannique



CONSEIL JEUNESSE
FRANCOPHONE
DE LA COLOMBIE-BRITANNIQUE



Conseil scolaire francophone
de la Colombie-Britannique



REICHERT & ASSOCIATES
PROGRAM EVALUATION & RESEARCH

Financial contribution from



Public Health
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Project Components



Youth Workshops Starting in 2020

Grade 9 youth will take the 8-workshop program on healthy relationship development and personal identity development

- These workshops will be given by two **Young Leaders*** accompanied by a teacher or by their local ambassador and will be held in small groups
- Groups will be mixed and the workshops will take place during mandatory health classes

Grade 10 youth will receive the 10-workshop program enhancing knowledge developed in grade 9 workshops.

- Delivered by a program facilitator and held in small groups (14 students max) during mandatory health or career class
- Groups mostly mixed, some separated by gender for certain topics



Parents, Teaching Staff, & School Affiliates

Parents will receive a program immersion/information session will be held in the beginning of every program year

Teaching Staff and affiliates will be invited to a presentation session of the workshops at the beginning of the year and will be provided information sheets offering resources and tools.



Young Leaders Program Starting in 2020

Grade 11 and 12 youth will have the possibility to become young facilitators in the classrooms.



This program will be offered to train youth in hosting workshops with a peer educator approach between grade 11 and 12 youth and grade 9 youth.



Available on a voluntary basis during social justice classes & counts as credit for volunteering



The training would take place over two days during a weekend and would involve topics such as group facilitation, social intervention, self-awareness, and leadership.



Each school will have a local ambassador to ensure a connection between schools and the coordination of the program JLRS and offer local help and support to Young Leaders.

PROGRAM EVALUATION

Regional Groups

Yearly, two-day regional group discussions, reflection, and planning during a weekend organized in one of the four schools. These activities, along with the research team, will allow the evaluation of the program and a discussion on potential necessary adaptation changes for the upcoming years.

Research Committee

A working group comprised of several grade 10 representatives and Youth Leaders (in year 2 onward) will be created in each of the four schools. They will hold three or four meetings and will help complete the surveys and the interview guides. They also will develop and plan evaluation activities for the group at the end of the year and the evaluation result review for the year.

Want more
information?



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