



**A multi-target program to promote positive romantic and intimate relationships and prevent dating violence among youth.**

## What is the Sparx Program?

The Sparx Program aims to develop, deliver and evaluate a program targeting youth, school staff and caregivers in the Quebec school system. Participating partners include Tel-jeunes and the Direction régionale de santé publique de Montréal.



## EVALUATION

All of the program components will be evaluated. Among others, the in-class youth workshops will be evaluated using an experimental group and a control group during three measurement times (pretest, post-test and follow-up).

## WHO?



Youth, school staff, caregivers and project partners will contribute to the development the program.

The evaluation will be conducted among over 1,000 youths in grades 9 and 10.

Close to 80 school staff and 150 caregivers will also be implicated.

## WHERE?



The program will be evaluated in three schools in the Montreal region and two schools in the Saguenay-Lac-Saint-Jean region.

## WHEN?

2018 to 2023



## WHY?

In Quebec, dating violence affects more than 50% of youth aged 14 to 18.

This program is comprised of several components to respond more effectively to the needs of youth. In addition, few initiatives have been evaluated.



## KNOWLEDGE TRANSFER

The project's main knowledge transfer activity will be the launch of a website dedicated to positive relationships and dating violence prevention.



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Want More Information?

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