A multi-target program to promote positive romantic and intimate relationships and prevent dating violence among youth.

What is the Sparx Program?
The Sparx Program aims to develop, deliver and evaluate a program targeting youth, school staff and caregivers in the Quebec school system. Participating partners include Tel-jeunes and the Direction régionale de santé publique de Montréal.

EVALUATION
All of the program components will be evaluated. Among others, the in-class youth workshops will be evaluated using an experimental group and a control group during three measurement times (pretest, post-test and follow-up).

WHO?
Youth, school staff, caregivers and project partners will contribute to the development the program.
The evaluation will be conducted among over 1,000 youths in grades 9 and 10.
Close to 80 school staff and 150 caregivers will also be implicated.

WHERE?
The program will be evaluated in three schools in the Montreal region and two schools in the Saguenay-Lac-Saint-Jean region.

WHEN?
2018 to 2023

WHY?
In Quebec, dating violence affects more than 50% of youth aged 14 to 18.
This program is comprised of several components to respond more effectively to the needs of youth. In addition, few initiatives have been evaluated.

KNOWLEDGE TRANSFER
The project's main knowledge transfer activity will be the launch of a website dedicated to positive relationships and dating violence prevention.

Want More Information?
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